

Weekly Meal Planner				
	30th september	7th october	14th october	21st october
Monday	hot dog	Brown Beef Stew	Chicken Lasagne	chicken nuggets Chicken Curry & Rice
	vegetable soup red sauce and cheese	Chicken Crumble Peas Mash Potato	Cottage Pie Sweetcorn Mash Potato	Peas Mash Potato
	Shortbread	Fruit Sponge Cake	Cornflake Crunch	Flake Meal Biscuit
Tuesday	Irish Stew	Chicken Goujons HM/OC	B.B.Q Chicken Salmon Fishcake Herb Diced Potato	Steak Burger & Bap
	fish in batter	Macaroni Cheese Broccoli	Peas	Macaroni Cheese Home Made Wedges Sweetcorn
	Mash Potato broccoli	Mash Potato		
	date fudge and custard	Rice Pudding	Frozen yoghurts	Chocolate muffin cake
Wednesday	Chicken & Broccoli Bake Fish Fingers	Baked Gammon		Salmon Fishcake battered fish
	Sweetcorn Mash Potato gravy	Carrots Mash Potato	Roast Beef	Peas & Sweetcorn Mash Potato
	Jelly	Shortbread	Carrot Cake	Rice Pudding
Thursday	Roast Chicken & Stuffing	Sweet & Sour Chicken & Rice	Savoury Mince	Roast Turkey & Stuffing
	Carrots	Savoury Mince	fish fingers Broccoli	
	Oven Dry Roast Potato Mash Potato gravy	Sweetcorn chips	Mash Potato	Carrots Mash Potato
	flakemeal biscuit and custard	Muffin	Rice Krispie & Date Squares	Jam Sponge
Friday	Stuffed Bacon Rolls Pizza			Thai Sweet Chilli chicken
		H'made Chicken Soup Hot Dog	H'made Vegetable Soup Hot Dog	pizza chips broccoli
	Peas Mash Potato			
	ice-cream and pink sauce	Meringue & Fruit	Swiss Roll	Icecream Tub