

Weekly Meal Planner				
	january 7th	13th january	20th january	27th january
Monday		Beef Curry & Rice	Sweet & Sour Chicken & Rice	B.B.Q Chicken
		Pizza	Lasagne	Cottage Pie
		Peas	Peas	Broccoli
		chips	Baby Boil Potato	Mash Potato
		Carrot Cake	Chocolate muffin cake	Shortbread
Tuesday	Pasta Bologanise	roast beef	Pizza	Savoury Mince
	Cocktail Sausages		Fish Fingers	Home Made Pizza
	Baked Beans	Carrots	Chips	Sweetcorn
	chips	Mash Potato	Sweetcorn	Mash Potato
	Peas			
	date fudge and custard	Flakemeal Biscuits	Fruit Smoothie	Chocolate muffin cake
Wednesday	Chicken Crumble	Stuffed Bacon Rolls	Roast Chicken & Stuffing	vegetable soup
	Fish Fingers	Salmon Fishcake		Steak Burger & Bap
	Sweetcorn	sweetcorn		
	Mash Potato	Mash Potato	Carrots	
	gravy		Mash Potato	
	Rice Pudding	Choc Sponge	Shortbread	Icecream Tub
Thursday	Roast Chicken & Stuffing	Chicken Drumsticks	Stuffed Bacon Rolls	gammon
	Carrots	Savoury Mince	Chicken Curry & Rice	carrots
	Oven Dry Roast Potato	Broccoli	Broccoli	Stuffing
	Mash Potato	Turnip	Home Made Wedges	Mash Potato
	gravy	Mash Potato		
	flakemeal biscuit and custard	Rice Krispie & Date Squares	Jelly	Rice Krispie & Date Squares
Friday	Chicken Wrap / Roll	hot dog with cheese and red sauce	burger in a bap	chicken nuggets
	bbq chicken	H'made Vegetable Soup	H'made Chicken Soup	beef curry and rice
	Sweetcorn			Peas & Sweetcorn
	Mash Potato			chips
	custard			
	Egg Sponge	Icecream Tub	Frozen yoghurts	Flakemeal Biscuits